

## Quarterly Newsletter

### In this issue...

In an effort to NOT bombard you with emails, we will continue to do quarterly newsletters. If we have something very pressing or time sensitive, you may see a new email, but we will do our best to respect your time.

Newsletter highlights:

- Upcoming Events
- Giving Garden Update
- NeighborWorks® Week Review
- Endangered Creature of the Quarter
- Upcoming "Green" Holidays
- Green Tips - The Heat of Summer
- Future Green Event Ideas

## Upcoming Internal MCCA Green Events

### August

We will be having a clothing swap! Everyone tires of their wardrobe; so, now is the time to mix it up! Beginning July 31 through August 11, we will have tables set up in the warehouse area.

Bring in any items that no longer fit or no longer suite your style. Then, check out what other people have brought, and take what you like!

Anything that's left will be offered to our clients at a later date.

But how is THIS green? Easy! It helps keep clothing out of landfills, reduces



carbon footprints (including driving to stores shopping), and increases awareness about conservation!

## Giving Garden Update



Our Giving Garden has been successful! Our tomato and pepper plants are producing, and we have helped local residents by supplying fresh produce. We had some wonderful helpers create a vibrant sign to encourage people to help themselves.

Thank you to the team members who have lovingly watered, weeded, and pruned our garden!

## NeighborWorks® Week Review



A shoutout to Wesley United Methodist Church's Surge Youth Group and from First United Methodist who donated time from their busy lives to come out and help during NeighborWorks® Week, **see more details.**

Our Mayors Manor residents also took time to help at the MidWest Food Bank and make things a bit easier for them as well, **check it out!**

## Endangered Creature of the Quarter



## Endangered Animal - Honeybees! But why?

- Large scale changes in land use, industrialized agricultural practices, and pesticides have largely contributed to the death of honeybees
- Fun facts:
  1. Honeybees beat their wings 11,400x/minute. That's what makes the buzzing noise!
  2. Honey is full of a variety of vitamins and essential minerals, antioxidants, and amino acids

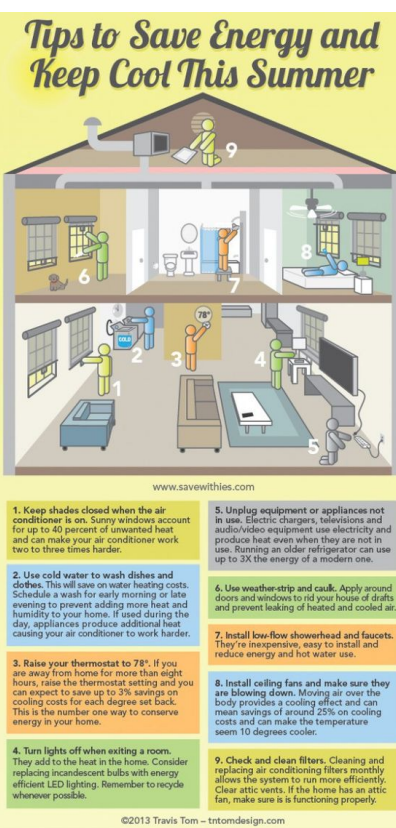
### But how can we help?

- Buy local honey!! There's an apiary just outside of Bloomington called [Honey Beelicious Apiary](#).
- Plant flowers and plants that bees pollinate... But avoid pesticides.
- Some ideas of what to plant: Asters, native roses, purple cornflower, sunflowers, milkweeds, mints, tomatoes, snapdragons, bellflowers, white indigo, and [more!](#)
- If you're interested in starting a hive, [Honey Pimp Apiaries](#) is just south of Bloomington.

## Upcoming "Green" Holidays

July 28	<a href="#">World Nature Conservation Day</a>
August 21	<a href="#">National Honey Bee Day</a>
September 4	<a href="#">National Wildlife Day</a>
September 7	<a href="#">International Day of Clean Air</a>
September 16	<a href="#">International Day for the Preservation of the Ozone Layer</a>
September 22	<a href="#">World Car Free Day</a>
September's last Sunday	<a href="#">World Rivers Day</a>

## Green Tips - The Heat of Summer



## INVASIVE SPECIES ALERT!

### Jumping Worm or Asian Jumping Worm

#### Facts:

- Native to East Asia and were imported for vermiculture or as fishing bait
- Also known as crazy worms, Alabama jumper, or snake worms
- Consumes all organic matter in soil and leaves it feeling like coffee grounds
- Can damage roots and possibly kill plants
- Active late summer to first frost
- Can be identified by milky colored band that is NOT raised like on earthworms
- Trash wildly (move really quickly and erratically, can jump)
- There are NO known pesticides to kill these worms

#### Testing:

- Mix one gallon of water with 1/3 cup ground yellow mustard seed
- Pour the solution slowly over the soil
- Worms will surface; catch and destroy

-Place in sealed container and put into freezer until dead, then throw away

-Drop into rubbing alcohol or soapy water until dead, then throw away

-Put into a plastic bag and lay in the sun until they die, throw them away

#### Prevention:

- Don't buy them for fishing or composting
- Only use heat treated mulch and don't share mulch
- Inspect new plants before installing

- Make sure you clean off your shoes and clothing so you don't accidentally transport the jumping worms to new areas

Learn more [here](#).

## Future Green Event Ideas

Holiday Decoration Swap

[Got an idea? Let us know!](#)

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Keep in Touch!



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